

# Commitment

to Continued Positive Change in My Life

I, \_\_\_\_\_ am committed to include more:

in my life, and refrain from using \_\_\_\_\_ this date of \_\_\_\_\_.

I want continued change and personal growth because:

\_\_\_\_\_  
Signature

We the undersigned have heard \_\_\_\_\_ state their commitment and support their decision toward improving their life. We believe in them and their commitment.

\_\_\_\_\_  
Name and Signature

\_\_\_\_\_  
Name and Signature

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Name and Signature



Clear Haven Center