

Personal Cue Inventory and Strategies to Manage Cues, continued

<p>Cues: a stimulus that signals you to carry out a particular behavior, such as using drugs</p> <p>Gatherings, Occasions, or Events: Christmas, birthdays, celebrations</p>	<p>Strategies: plan to manage</p>

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<p>Cues: a stimulus that signals you to carry out a particular behavior, such as using drugs</p>	<p>Strategies: plan to manage</p>
<p>Places and locations: streets, neighbourhoods, cafes, bars</p>	

Cues: a stimulus that signals you to carry out a particular behavior, such as using drugs	Strategies: plan to manage
Emotional States: twisted thinking	